



### **Dearest Wife/Wife In Waiting,**

I am so thrilled that you are willing to embark on an adventure with Father God in coming alongside Him in praying His plans and purposes in the life of your Husband.

This journey of praying with other Sisters began in October 2022 with a 21-day prayer and fasting event which has not stopped but has morphed into a monthly prayer meeting on the last Friday of each month at 9pm UK time and an annual 21 day praying and fasting event for our husbands in October. We are thankful for all that God has done and is doing in moulding us and making us “Helpmeets” after His heart.

### **Posture of Our Hearts As We Pray**

Our heart’s posture is so important to God as we pray so here are some thoughts for you to bear in mind.

**Firstly**, God pours out His grace and anointing upon us each time we meet to pray in line with “His” will for our Husbands and Marriages. Let’s prepare our hearts to come without an agenda, praying God’s perfect will not our own ideas but agreeing with His perfect will and desires for our Marriages and Husbands. As simple as that statement is, it is pivotal to each one of us receiving what God has prepared for us.

**Secondly**, it is important that we prepare each time we come to pray, thinking about our lives and marriages in line with His Word. Areas such as our upbringing and background, our views on marriage, impact of past relationships on us, where we need healing, dreams, and desires on our hearts to name a few so that we can collectively present them to God. Each one of us is only as healthy as our marriage, so in the journey of waiting and praying, we need keep preparing our hearts for what God has prepared for us, asking Him to search us as it states in Psalm 139:23 **“Search me, O God, and know my heart; test me and know my anxious thoughts.”** We need God’s vision for our lives and marriages, and this can only be inspired by the Holy Spirit. Ask God to speak to you and show you His vision for your life and marriage as we wait and pray.

**Thirdly**, as you know praying and fasting can be very effective in shifting things in the Spirit and the Bible shows us some things are only dealt with through prayer and fasting so I wish to encourage us to incorporate fasting on the days we meet to pray and God who sees our hearts will honour our sacrifices.

**Finally**, we are reminded in John 10:10 that **“The thief comes only to steal and kill and destroy; I have come that they may have life, and have it to the full”**, please take spiritual authority over the enemies attempts through lies and distractions to attack and subvert what the Lord has purposed to do and quick to forgive and make allowances in

your relationships if things that may seek to upset you happen. Stay focused on your goal of praying and don't get distracted. God has given us the victory already. We declare that there will be testimonies even from now because of our intention to stay focused on God and, the gates of hell will not prevail in Jesus' name.

Welcome!

In His love and mine,

Kemi